



## What do we do?

Financial coaching

Frauds & scams protection

Career coaching & assistance

Family caregiver support

Guardianship services

Volunteer opportunities

Crisis intervention

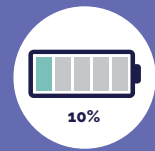
Nursing home resident advocacy

## Making Older Better Since 1961

The Senior Source ensures the financial and emotional well-being of Dallas area seniors.



**Worried about money?**



**Exhausted from caring for a loved one?**



**Feeling lonely?**



**You've come to the right place.**

Whether you need financial guidance, nursing home advice, or just a way to connect with others, we're here to assist Dallas area seniors and their families with the services, programs, tools, and resources they need to be happy and secure in their later years.



**THE SENIOR SOURCE®**



## **We Offer Free:**

Support Groups

Care  
Coordination

Counseling

Referrals

Seminars

Workshops

**CALL US  
TODAY!**

## **Caregiver Support Program**

Your go-to nonprofit resource for information and support to guide you through your caregiving journey.



The Senior Source's Caregiver Support Program is here to help you maintain your well-being as you care for a parent, spouse, or loved one.

**Contact Shannon Gore for more information**

**Phone:**

**214-823-5700**

**Email:**

**[SGore@TheSeniorSource.org](mailto:SGore@TheSeniorSource.org)**





**THE SENIOR SOURCE®**



**ELDER FINANCIAL  
SAFETY CENTER**



## **We Offer Free:**

Career Services

Financial Coaching

Benefits Assistance

Money  
Management

Budgeting

Insurance  
Counseling

Filing a Fraud  
Complaint

Debt Management

**CALL US TODAY!**

## **Elder Financial Safety Center**

The Elder Financial Safety Center at The Senior Source is a safe and trusted place for older adults and their loved ones to get expert, professional, and unbiased guidance to ensure financial well-being from essential needs to helping those who have experienced financial exploitation.



**Contact Julie Krawczyk for more information**

**Phone:**

**214-823-5700**

**Email:**

**[EFSC@TheSeniorSource.org](mailto:EFSC@TheSeniorSource.org)**



**THE SENIOR SOURCE®**



**AmeriCorps  
Seniors**



## **Become a Senior Companion Volunteer**

Must be age 55+

Earn a monthly stipend\*

Learn new skills & meet new people

Serve a minimum of 10 hours per week

## **Senior Companion Volunteers Provide**

Companionship

Grocery Shopping

Meal Preparation

Errands

Transportation

Recreation

Caregiver Respite

## **CALL US TODAY!**

\*Must meet income eligibility guidelines to receive stipend

## **Senior Companion Program**

Some seniors wish to remain in their own homes but need help with daily living.

Others are more active but desire to connect with and serve others. The Senior Companion Program tackles both needs by matching elderly seniors who need companionship with older adult volunteers who can help.



**Contact Melanie Calhoun for more information**

**Phone:**

**214-823-5700**

**Email:**

**SCPTeam@TheSeniorSource.org**





**THE SENIOR SOURCE®**



**AmeriCorps  
Seniors**



**RSVP matches  
volunteers with  
local and national  
organizations, giving  
you opportunities  
such as:**

Disaster Services

Economic  
Opportunity

Education

Environmental  
Stewardship

Healthy Futures

**CALL US  
TODAY!**

## RSVP

RSVP shows you how you can apply the skills and wisdom you've acquired throughout your life to make a positive difference in the lives of others.

A part of AmeriCorps Seniors, RSVP is America's largest volunteer network for people 55 and over, with more than 300,000 volunteers tackling tough issues in communities nationwide.

You choose how and where you want to serve, how much time you want to give and whether you want to share skills you have or develop new ones.



**Contact Gretchen Feinhals for more information**

**Phone:  
214-823-5700**



**THE SENIOR SOURCE®**



**AmeriCorps  
Seniors**



## **Benefits Include:**

Being engaged  
and active in your  
community.

Making new  
friends.

Mentoring children  
who need some  
extra guidance.

Earning a small  
tax-free stipend  
and other benefits,  
if qualified

**CALL US  
TODAY!**

## **Foster Grandparents Program**

If you are at least 55, can volunteer between 15-40 hours per week and want to be a part of a special child's life, please consider becoming a Foster Grandparent volunteer. Our volunteers work one-on-one with children with special needs in schools, early childhood education centers, medical settings, and shelters to help jumpstart children on a path of success.



**Contact Jaime Leguizamo for more information**

**Phone:**

**214-525-6125**

**Email:**

**[JLeguizamo@TheSeniorSource.org](mailto:JLeguizamo@TheSeniorSource.org)**





**THE SENIOR SOURCE®**



## Ombudsmen Assist By:

Visiting residents and talking with them about their care.

Identifying and resolving issues, such as unanswered call buttons, roommate difficulties, staffing, food and unsanitary conditions, on behalf of residents.

Advocating for overall quality of life and care.

Protecting residents' rights and confidentiality.

Empowering residents to have a voice in their care.

**CALL US  
TODAY!**

## Long-Term Care Ombudsman Program

Older adults in nursing homes and assisted living facilities should live out their later years with dignity and respect in a safe environment. Long-term care ombudsmen help ensure that happens for the 16,000 residents living in Dallas County facilities.



**Contact Lynne Johnson for more information**

**Phone:**

**214-823-5700**

**Email:**

**LJohnson@TheSeniorSource.org**



**THE SENIOR SOURCE®**



## **Guardians Assist By:**

Ensure that the decisions regarding each senior's health, financial situation and daily needs are made in his or her best interests

May help pay bills for utilities, rent and groceries

Accompany seniors on doctor's appointments and provide consent for medical procedures

Testify at guardianship hearings

Assists family members who need assistance in the process of becoming guardians for elderly loved ones with cognitive or physical impairment

**CALL US TODAY!**

## **Guardianship**

Older adults who are no longer able to make decisions for themselves are at risk for abuse, neglect, or exploitation. In that situation, a court may appoint a guardian to manage a senior's affairs. The Senior Source's Guardianship Program assists seniors and their families to preserve the health and well-being of vulnerable seniors who require guardianship.



**Contact Meghan Hutchinson for more information**

**Phone:**

**214-525-6161**

**Email:**

**MHutchinson@TheSeniorSource.org**