

## COMMONLY REQUESTED NUMBERS

Martin Luther King, Jr. Center	(214) 670-8418
West Dallas Multipurpose Center	(214) 670-6530
<b>Community Courts:</b>	
West Dallas	(214) 670-9745
South Oak Cliff	(214) 671-0777
South Dallas	(214) 670-7129
Northeast	(214) 570-1685
Adult Protective Services Hotline	(800) 252-5400
City of Dallas Services	3-1-1
Community Service Hotline	2-1-1
Connect to Care	(888) 743-1202
Consumer Protection Hotline	(800) 621-0508
Dallas Area Agency on Aging	(214) 871-5065
Dallas County Health & Human Services	(214) 819-2000
DCHHS Older Adult Services Program	(214) 819-1860
Elder Financial Safety Center	(214) 525-6130
Housing Crisis Center	(214) 828-4244
Jewish Family Service	(972) 437-9950
Mental Health America of Greater Dallas (MHA)	(214) 871-2420

My Ride Dallas	(972) 855-8084
NAMI Dallas	(214) 341-7133
New Lifestyles-Senior Living	(800) 869-9549
North Texas Crisis Line	(866) 260-8000
Park and Recreation Active	
Senior Adult Programs (ASAP)	(214) 671-1602
Social Security Office	(800) 772-1213
<b>SPCA of Texas</b> ( <i>Society for the Prevention of Cruelty to Animals of Texas</i> )	
Main Phone	(214) 742-7722
Report Animal Cruelty	(214) 461-1850
Star + Plus Program Helpline	(800) 964-2777
Texas Legal Services Center	(800) 622-2520
The Senior Source	(214) 823-5700
TX Dept. Health Human Services Intake	(888) 337-6377
TX Health and Human Services	(800) 458-9858
To report abuse, neglect or exploitation of people who are older or who have disabilities; that occurs in: Nursing homes, assisted living centers, day activity and health services, home health, hospice agencies and intermediate care facilities	
VNA Meals on Wheels	(214) 689-2200

## CITY SERVICES FOR SENIORS

Office of Community Care/ Senior Services	(214) 670-5227
Senior Affairs Commission	(214) 670-7883
DART Rider Assistance Program	(214) 828-6717
Senior Ombudsman Program	(214) 823-5700
<b>Senior Dental Health Program</b>	
North Dallas Shared Ministries	(214) 358-8729
Agape Clinic	(972) 707-7782

## OTHER NUMBERS & RESOURCES TO KNOW

AARP Fraud Watch Network	(977) 908-3360
<a href="https://www.aarp.org/money/scams-fraud/">https://www.aarp.org/money/scams-fraud/</a>	
Better Business Bureau Scam Tracker	
<a href="https://www.bbb.org/scamtracker">https://www.bbb.org/scamtracker</a>	
Consumer Financial Protection Bureau	(855) 411-2372
<a href="https://www.consumerfinance.gov/complaint/">https://www.consumerfinance.gov/complaint/</a>	
Federal Trade Commission	
<a href="https://www.ftccomplaintassistant.gov/">https://www.ftccomplaintassistant.gov/</a>	
National Center on Elder Abuse	(855) 500-3537
<a href="https://ncea.acl.gov/Suspect-Abuse.aspx">https://ncea.acl.gov/Suspect-Abuse.aspx</a>	





If you suspect a person who is 65 or older or who has disabilities is being abused, neglected, or financially exploited, call the Texas Abuse Hotline at **(800) 252-5400**, or report it online at [TxAbuseHotline.org](https://TxAbuseHotline.org). If someone is in danger, call 911 or local police and then call the Texas Abuse Hotline. **Please call the hotline if YOU are a victim!**



Senior Services helps the City of Dallas seniors maintain the highest quality of life possible by providing information and referrals on senior services, educational programming and other resources that support and promote financial and social well-being. Reach us at **214-670-5227** and visit our website at: <https://dallascityhall.com/departments/community-care/Pages/seniorservices.aspx>



The Elder Financial Safety Center at The Senior Source is a safe and trusted place for older adults and their loved ones to get expert, professional and unbiased guidance to ensure financial well-being – from basic needs to financial exploitation. We provide prevention, protection, and prosecution services through our collaboration with the Dallas County Probate Courts and Dallas County District Attorney's Office. Our vision is to ensure every older adult lives in a safe community with the financial resources to securely age with dignity. Reach us at **214.823.5700** and visit our website at: [TheSeniorSource.org](https://TheSeniorSource.org)

#### Signs of Financial Abuse and Scams

**Urgency** – scammers, close personal friends or family members apply pressure or use fear to get you to act.

**Scarcity** – scammers will claim there is a limited supply, so you must “buy now.”

**Credible Sources** – scammers will claim they are with a reputable business or organization.

**Unsolicited** – you receive an unexpected call or email about a product or service you did not order or want.

#### Tips to Reduce and Prevent Financial Abuse and Scams

Have a trusted contact you can call to ask about suspicious calls, mail, texts, or emails if you are unsure.

Do not click on links from sources you do not know, and only call known phone numbers.

Do not verify or provide personally identifiable information to unsolicited callers.

Get a free copy of your credit report annually at [annualcreditreport.com](https://annualcreditreport.com), or call 1-877-322-8228.

Do not sign any documents you do not understand or agree to services you did not order or do not want.



**Stopping Adult Abuse is Everyone's Business**