COVID-19 Vaccine:
What you need to know

Parkland

The vaccine will protect us
Getting the vaccine will protect yourself and the people around you, including our patients. The vaccine will also help stop the spread of the virus in our community and end the pandemic.

The vaccine is safe
The U.S. vaccine safety system ensures that all vaccines, including the recently FDA-authorized COVID-19 vaccines, are safe. Although the vaccines were developed in a shorter amount of time, they have gone through the necessary clinical trials to prove their safety and effectiveness. The FDA approves a vaccine only if it is deemed effective and safe.

How it works
The vaccine works by helping the immune system make antibodies, the proteins that help protect you from getting sick from COVID-19. For the vaccine to be effective you must receive your second dose 21 days after the first dose. This means you are not immune to the virus until after the second dose of the vaccine.

No COVID-19 in the vaccine
The vaccine does not have any COVID-19 in it. The vaccine has a protein that mimics the virus and then causes the body to build up immunity that will protect you from COVID-19. The vaccine will also not make you test positive for COVID-19.

Don't worry - you're not sick
Both the Moderna and Pfizer vaccines can cause side effects that are similar to other vaccines, such as injection site pain in the arm, low fever, muscle pain, chills and headache. Don't worry, you're not sick; it's just your body learning how to protect you from the virus. Symptoms normally go away after a day or two and you can continue normal daily activities.

Need more information?
Learn more about the vaccine from the U.S. Centers for Disease Control and Prevention at **www.cdc.gov/coronavirus.**